

PluriActiv Premium Swipe File Collection

Nature's Balance - Science's Promise

February 27, 2026

Includes: 30 Posts • 20 DMs • 20 Emails • 10 Zoom Invites

Compliance Reminder (Read First)

PluriActiv is a dietary supplement.

All marketing and communication must use **structure/function language only**.

Allowed examples:

- Supports immune function
- Supports digestive wellness
- Supports healthy skin
- Supports overall vitality

Do NOT:

- Mention diseases or medical conditions
- Use words like treat, cure, prevent, mitigate, diagnose
- Reference scientific studies as marketing proof

AI Compliance Review Prompt (copy/paste):

“Review the content below for supplement marketing compliance. Confirm it contains no disease claims, medical claims, treatment/cure/prevention language, or references to scientific studies. If any risk exists, rewrite compliantly.”

30 Additional Compliant Posts

- Simple routines create real results. Loving my daily PluriActiv habit.
- Immune support doesn't have to be complicated.
- Focused on digestive wellness this year.
- Daily vitality starts with consistent habits.
- Supporting healthy skin from the inside.
- Wellness is built daily.
- Balanced lifestyle. Balanced routine.
- Small habits. Big difference.
- Supporting everyday immune function naturally.
- Loving this simple addition to my routine.
- Consistency > intensity.
- Daily wellness matters.
- Supporting my body's natural balance.
- Routine creates results.
- Wellness is a lifestyle.
- Keeping things simple this year.
- Daily immune and digestive support.
- Investing in long term vitality.
- Feeling good about my routine.
- Supporting whole-body wellness.
- Small changes add up.
- Prioritizing immune balance.
- Digestive wellness = daily habit.
- Health is a daily choice.
- Supporting skin from within.
- Wellness without hype.
- Clean, simple support.
- Focused on daily vitality.
- Supporting balance naturally.

- My wellness routine is locked in.

20 Additional DM Variants

- Hey — are you open to natural wellness info?
- Quick question about immune support?
- Can I send you something I've been using?
- Curious about simple daily digestive support?
- I've added something new to my routine.
- Have you updated your wellness routine lately?
- Would immune support info be helpful?
- Can I share what I'm using daily?
- Open to a short wellness share?
- Have you heard of PluriActiv?
- Want the basics?
- I think you'd find this interesting.
- No pressure — just sharing.
- Mind if I send info?
- Focused on wellness this year?
- I found something simple and consistent.
- Interested in natural support?
- Supporting vitality daily now.
- Would you like details?
- Let me know if you're curious.

20 Compliant Email Scripts

Email 1

Subject: Simple daily wellness support

Hi [Name],

I wanted to share something I've recently added to my routine. It's called PluriActiv — a dietary supplement that supports immune function, digestive wellness, healthy skin, and overall vitality as part of a healthy lifestyle.

I'm focused on simple, consistent habits this year, and this has been an easy addition.

If you'd like more information, reply and I'll send details.

Warmly,
[Your Name]

Email 2

Subject: A small addition to my routine

Hi [Name],

Quick note—I've been simplifying my wellness routine and sticking to basics (sleep, hydration, movement).

One thing I'm using daily is PluriActiv. It supports immune function, digestive wellness, healthy skin, and overall vitality as part of a healthy lifestyle.

If you want the overview, just hit reply and I'll send it.

Best,
[Your Name]

Email 3

Subject: Keeping wellness simple

Hi [Name],

If you're working on daily wellness habits, I can share something that's been a simple fit for me.

PluriActiv is a dietary supplement that supports immune function and digestive wellness, plus healthy

skin and overall vitality as part of a healthy lifestyle.

Want the basics?

—[Your Name]

Email 4

Subject: Sharing a calm wellness routine

Hi [Name],

I'm keeping things calm and consistent with my routine—no hype, just daily habits.

PluriActiv has been an easy add-on for me. It supports immune function, digestive wellness, healthy skin, and overall vitality as part of a healthy lifestyle.

If you're curious, reply and I'll send more info.

Warmly,
[Your Name]

Email 5

Subject: Daily habits I'm sticking with

Hi [Name],

I wanted to share something I've recently added to my routine. It's called PluriActiv — a dietary supplement that supports immune function, digestive wellness, healthy skin, and overall vitality as part of a healthy lifestyle.

I'm focused on simple, consistent habits this year, and this has been an easy addition.

If you'd like more information, reply and I'll send details.

Warmly,
[Your Name]

Email 6

Subject: Support for immune & digestion (simple)

Hi [Name],

Quick note—I've been simplifying my wellness routine and sticking to basics (sleep, hydration, movement).

One thing I'm using daily is PluriActiv. It supports immune function, digestive wellness, healthy skin, and overall vitality as part of a healthy lifestyle.

If you want the overview, just hit reply and I'll send it.

Best,
[Your Name]

Email 7

Subject: Wellness without hype

Hi [Name],

If you're working on daily wellness habits, I can share something that's been a simple fit for me.

PluriActiv is a dietary supplement that supports immune function and digestive wellness, plus healthy skin and overall vitality as part of a healthy lifestyle.

Want the basics?

—[Your Name]

Email 8

Subject: A gentle wellness share

Hi [Name],

I'm keeping things calm and consistent with my routine—no hype, just daily habits.

PluriActiv has been an easy add-on for me. It supports immune function, digestive wellness, healthy skin, and overall vitality as part of a healthy lifestyle.

If you're curious, reply and I'll send more info.

Warmly,
[Your Name]

Email 9**Subject:** My routine for steady vitality

Hi [Name],

I wanted to share something I've recently added to my routine. It's called PluriActiv — a dietary supplement that supports immune function, digestive wellness, healthy skin, and overall vitality as part of a healthy lifestyle.

I'm focused on simple, consistent habits this year, and this has been an easy addition.

If you'd like more information, reply and I'll send details.

Warmly,
[Your Name]

Email 10**Subject:** Quick note: daily wellness

Hi [Name],

Quick note—I've been simplifying my wellness routine and sticking to basics (sleep, hydration, movement).

One thing I'm using daily is PluriActiv. It supports immune function, digestive wellness, healthy skin, and overall vitality as part of a healthy lifestyle.

If you want the overview, just hit reply and I'll send it.

Best,
[Your Name]

Email 11**Subject:** New routine, same simplicity

Hi [Name],

If you're working on daily wellness habits, I can share something that's been a simple fit for me.

PluriActiv is a dietary supplement that supports immune function and digestive wellness, plus healthy skin and overall vitality as part of a healthy lifestyle.

Want the basics?

—[Your Name]

Email 12

Subject: One thing I'm doing consistently

Hi [Name],

I'm keeping things calm and consistent with my routine—no hype, just daily habits.

PluriActiv has been an easy add-on for me. It supports immune function, digestive wellness, healthy skin, and overall vitality as part of a healthy lifestyle.

If you're curious, reply and I'll send more info.

Warmly,
[Your Name]

Email 13

Subject: Support for overall vitality

Hi [Name],

I wanted to share something I've recently added to my routine. It's called PluriActiv — a dietary supplement that supports immune function, digestive wellness, healthy skin, and overall vitality as part of a healthy lifestyle.

I'm focused on simple, consistent habits this year, and this has been an easy addition.

If you'd like more information, reply and I'll send details.

Warmly,
[Your Name]

Email 14

Subject: Wellness habits for the long run

Hi [Name],

Quick note—I've been simplifying my wellness routine and sticking to basics (sleep, hydration, movement).

One thing I'm using daily is PluriActiv. It supports immune function, digestive wellness, healthy skin, and overall vitality as part of a healthy lifestyle.

If you want the overview, just hit reply and I'll send it.

Best,
[Your Name]

Email 15

Subject: A simple wellness option

Hi [Name],

If you're working on daily wellness habits, I can share something that's been a simple fit for me.

PluriActiv is a dietary supplement that supports immune function and digestive wellness, plus healthy skin and overall vitality as part of a healthy lifestyle.

Want the basics?

—[Your Name]

Email 16

Subject: Interested in daily balance?

Hi [Name],

I'm keeping things calm and consistent with my routine—no hype, just daily habits.

PluriActiv has been an easy add-on for me. It supports immune function, digestive wellness, healthy skin, and overall vitality as part of a healthy lifestyle.

If you're curious, reply and I'll send more info.

Warmly,
[Your Name]

Email 17

Subject: An easy habit I'm enjoying

Hi [Name],

I wanted to share something I've recently added to my routine. It's called PluriActiv — a dietary supplement that supports immune function, digestive wellness, healthy skin, and overall vitality as part of a healthy lifestyle.

I'm focused on simple, consistent habits this year, and this has been an easy addition.

If you'd like more information, reply and I'll send details.

Warmly,
[Your Name]

Email 18

Subject: Sharing what I use daily

Hi [Name],

Quick note—I've been simplifying my wellness routine and sticking to basics (sleep, hydration, movement).

One thing I'm using daily is PluriActiv. It supports immune function, digestive wellness, healthy skin, and overall vitality as part of a healthy lifestyle.

If you want the overview, just hit reply and I'll send it.

Best,
[Your Name]

Email 19

Subject: Want the basics on PluriActiv?

Hi [Name],

If you're working on daily wellness habits, I can share something that's been a simple fit for me.

PluriActiv is a dietary supplement that supports immune function and digestive wellness, plus healthy skin and overall vitality as part of a healthy lifestyle.

Want the basics?

—[Your Name]

Email 20

Subject: Short wellness invite

Hi [Name],

I'm keeping things calm and consistent with my routine—no hype, just daily habits.

PluriActiv has been an easy add-on for me. It supports immune function, digestive wellness, healthy skin, and overall vitality as part of a healthy lifestyle.

If you're curious, reply and I'll send more info.

Warmly,
[Your Name]

10 Zoom Invite Emails & DM Scripts

Zoom Invite 1 — Email

Subject: Quick wellness Zoom (20 minutes)

Hi [Name],

We're hosting a short 20-minute wellness Zoom to share information about PluriActiv and how it supports immune function, digestive wellness, healthy skin, and overall vitality as part of a healthy lifestyle.

It's about 20 minutes, calm and no pressure.

Would you like the link and time options?

Warmly,
[Your Name]

Zoom Invite 1 — DM

Hey [Name] — Short 20-minute wellness overview. It's ~20 minutes, no pressure. Want the link?

Zoom Invite 2 — Email

Subject: Quick wellness Zoom (20 minutes)

Hi [Name],

We're doing a quick Zoom where we'll talk about daily wellness routines and share the basics on PluriActiv (in compliant language), with time for Q&A.;

It's about 20 minutes, calm and no pressure.

Would you like the link and time options?

Warmly,
[Your Name]

Zoom Invite 2 — DM

Hey [Name] — Daily routine + Q&A.; It's ~20 minutes, no pressure. Want the link?

Zoom Invite 3 — Email

Subject: Quick wellness Zoom (20 minutes)

Hi [Name],

Join a short Zoom focused on balanced lifestyle habits and a simple supplement routine. We'll cover PluriActiv and what it supports (immune, digestion, skin, vitality).

It's about 20 minutes, calm and no pressure.

Would you like the link and time options?

Warmly,
[Your Name]

Zoom Invite 3 — DM

Hey [Name] — Lifestyle-first share. It's ~20 minutes, no pressure. Want the link?

Zoom Invite 4 — Email

Subject: Quick wellness Zoom (20 minutes)

Hi [Name],

We're hosting a newcomer-friendly Zoom to introduce PluriActiv and answer basic questions. It's calm, simple, and no pressure.

It's about 20 minutes, calm and no pressure.

Would you like the link and time options?

Warmly,
[Your Name]

Zoom Invite 4 — DM

Hey [Name] — Newcomer-friendly intro. It's ~20 minutes, no pressure. Want the link?

Zoom Invite 5 — Email

Subject: Quick wellness Zoom (20 minutes)

Hi [Name],

A short Zoom about consistency in wellness habits—plus a quick overview of PluriActiv and what it supports as part of a healthy lifestyle.

It's about 20 minutes, calm and no pressure.

Would you like the link and time options?

Warmly,
[Your Name]

Zoom Invite 5 — DM

Hey [Name] — Consistency & wellness habits. It's ~20 minutes, no pressure. Want the link?

Zoom Invite 6 — Email

Subject: Quick wellness Zoom (20 minutes)

Hi [Name],

We're running a bring-a-friend Zoom—simple overview of PluriActiv and a short Q&A.; No pressure.

It's about 20 minutes, calm and no pressure.

Would you like the link and time options?

Warmly,
[Your Name]

Zoom Invite 6 — DM

Hey [Name] — Bring-a-friend session. It's ~20 minutes, no pressure. Want the link?

Zoom Invite 7 — Email

Subject: Quick wellness Zoom (20 minutes)

Hi [Name],

We have a weekly community call where we share wellness routines and a brief PluriActiv overview. You're welcome to join.

It's about 20 minutes, calm and no pressure.

Would you like the link and time options?

Warmly,
[Your Name]

Zoom Invite 7 — DM

Hey [Name] — Weekly community call. It's ~20 minutes, no pressure. Want the link?

Zoom Invite 8 — Email

Subject: Quick wellness Zoom (20 minutes)

Hi [Name],

We're doing a short AMA-style Zoom about daily wellness habits and PluriActiv. You can just listen in.

It's about 20 minutes, calm and no pressure.

Would you like the link and time options?

Warmly,
[Your Name]

Zoom Invite 8 — DM

Hey [Name] — Ask-me-anything style. It's ~20 minutes, no pressure. Want the link?

Zoom Invite 9 — Email

Subject: Quick wellness Zoom (20 minutes)

Hi [Name],

A quick wellness basics refresher Zoom—hydration, sleep, routine—plus a brief PluriActiv overview (immune + digestion support).

It's about 20 minutes, calm and no pressure.

Would you like the link and time options?

Warmly,
[Your Name]

Zoom Invite 9 — DM

Hey [Name] — Wellness basics refresher. It's ~20 minutes, no pressure. Want the link?

Zoom Invite 10 — Email

Subject: Quick wellness Zoom (20 minutes)

Hi [Name],

A short Zoom to learn what PluriActiv is, what it supports, and what next steps look like if you want to explore it further.

It's about 20 minutes, calm and no pressure.

Would you like the link and time options?

Warmly,
[Your Name]

Zoom Invite 10 — DM

Hey [Name] — Quick overview + next steps. It's ~20 minutes, no pressure. Want the link?